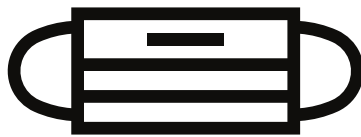


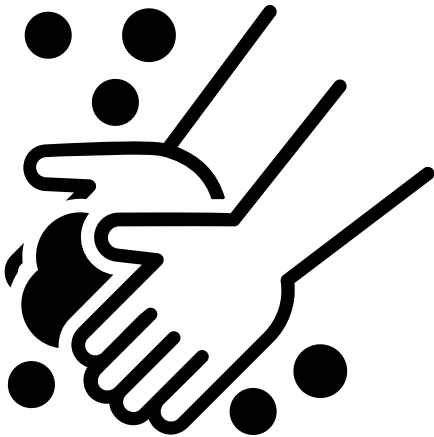
MASK SAFETY 101



A Helpful Infographic

by Delmarva Covid-19 Crafters & Volunteers

Wash Your Hands



Whenever you remove your mask or accidentally touch the outside of your mask: you must wash your hands! You need to assume that the virus is on the outside of the mask. Washing your hands after removing your mask is especially important. When you get a new mask: wash your hands, too!

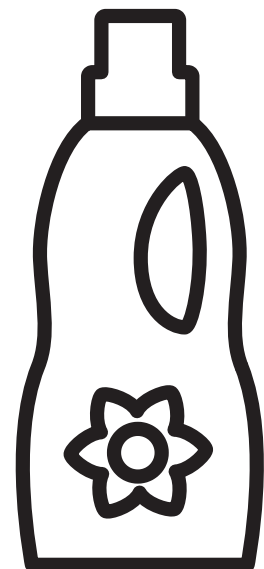
If you live in an environment where you can't wash your hands due to lack of water: do your best to sanitize. Hand sanitizer and alcohol (*if a possibility*) are great alternatives! You can use hand coverings such as napkins paper to preserve resources as well potentially.

Laundry Rules

New masks **MUST** be washed before being worn! Please don't wear a new mask before cleansing it. Do **NOT** put in a microwave due to many masks having metal in the nose! It can cause fires. Sewn masks can be rewashed and reworn again unlike traditional hospital masks.

It's important to wash your mask after each use since the virus will "stick" to your mask. Think of your mask as "being infected." Wash your mask with hot water and detergent. Hot water is vital to cleaning your mask!

After removing your mask by its ear loops or ties: put it in the wash on hot water and detergent. Remove filter (*if it has one*) before throwing it in. A lot of people really enjoy mesh laundry bags for lingerie to keep their masks in great shape!



What if I can't launder my mask?



If you don't have access to water: you can leave your mask outside for 1-2 days in direct sunlight; i.e. hang on a clothesline. If possible: you can spray the mask with alcohol if you are able to get access to it. Heat and UV are all okay forms of non-laundry cleansing for those who don't have access to water.

If you are in an environment where you cannot do laundry often: you can also place "dirty masks" in sandwich bags or a cardboard box marked "Dirty." The virus doesn't live as long on cardboard. Remember to keep your soiled mask(s) away from you and other non-soiled items to help limit the spread of the virus to you and others.